

# ***Jordan Fitness Center***

430 Plymouth Street \* Halifax, MA 02338 \* 781 293-0241

## ***Police and Fire Departments***

*As a thank you for serving our community, Jordan Fitness Center is offering a full waiver of the enrollment fee and the discounted monthly membership rate of just*

***\$25 per month** and \$15 for each additional family member for all Firefighters and Police Officers and their families.*

*All club memberships include group exercise classes and meeting with our trainers to design a customized workout program that meets your individual needs as police officers and firefighters.*

- aerobics
- spinning
- yoga
- pilates
- kick boxing
- stretching
- core conditioning
- Zumba



*Workout in a comfortable and upbeat environment, with qualified and experienced personal trainers to help you reach your fitness goals.*

**Jordan Fitness Center is open from**  
**5:30 am – 9:00 pm Monday through Friday**  
**8:00 am – 6:00 pm Saturday**  
**8:00 am – 5:00 pm Sunday**

*Massage therapy and nutritional counseling are also available.*

*Call **Jordan Fitness Center** for more information.*

*(781) 293-0241*