

CLUB NEWS

Get the scoop on what's happening at Jordan Fitness Center!

Summer 2010

TWO NEW ZUMBA CLASSES!

Come join the fun and get an incredible workout with Zumba! Andrea teaches her amazing class on Saturday mornings at 9:30 and we now have two new classes with Liz beginning Monday, June 21st! **The new classes will be Mondays at 4:30 pm and Thursdays at 8:00 am.** Tot Stop will be available for both classes! There is ABSOLUTELY no experience necessary and all fitness levels, ages and abilities are encouraged to attend. Zumba is a fun and different way to blast calories, tone your body and get into great shape!

STUDENT SUMMER SPECIAL IS BACK!

The ever popular Student 4-month Membership for \$99 is back! You must act fast because it will expire soon and we won't see it again until next summer! College, high school and technical school students are all eligible with a student ID so hurry in to take advantage of the best deal all year!!

WORKOUT WITH YOUR FAMILY THIS SUMMER!

The family that exercises together...stays together! Get fit with your family this summer and enjoy time together in a healthy atmosphere! **Our new family rate of just \$85 per month includes any four members, unlimited use of the fitness center and classes, and so much more!** And best of all there is no long term commitment! You may convert an existing single or couple membership to a family or new members may take advantage of this deal as well!

GET RESULTS WITH PERSONAL TRAINING

Working out with a Personal Trainer is the most effective way to drop pounds, increase muscle tone and meet your fitness goals. And the best part is that working out with your very own personal trainer is more cost effective than you think!

3 Sessions for \$99 (1 package per person please)

5 Sessions \$220

10 Session \$430

20 Sessions \$805

Sessions can be broken up to serve any schedule, timeline or goal. Personal Training is great for Brides-To-Be or a bride and her maids, new or expectant moms, student athletes, those coming back from surgery or an injury, and anyone who is looking to make the MOST out of the time they have to exercise. Personal Training results are guaranteed by Jordan Fitness.